

# MAY 2026



**The Arc**<sup>®</sup>  
*Lincoln County*

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**

**SATURDAY**

**2**

**10:00-11:00  
ONLINE  
TRIVIA**

**12:00-2:00  
BUILDING  
INDEPENDEN  
CE GROUP  
AT CIRCLE  
CENTER**

**12:00-2:00  
BUILDING  
DAILY LIFE  
SKILLS  
GROUP AT  
CIRCLE  
CENTER**

# MAY 2026



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Lincoln County

<b>SUNDAY</b> 3	<b>MONDAY</b> 4	<b>TUESDAY</b> 5	<b>WEDNESDAY</b> 6	<b>THURSDAY</b> 7	<b>FRIDAY</b> 8	<b>SATURDAY</b> 9
	<p data-bbox="659 821 972 1065">11:30-12:30 BUILDING GOOD HEALTH AND WELLNESS AT CIRCLE CENTER</p> <p data-bbox="703 1121 929 1240">12:30-1:30 BUILDING LIFESKILLS</p> <p data-bbox="659 1296 972 1540">1:30-3:00 VARIETY SHOW PRACTICE AND SOCIAL ACTIVITIES AT CIRCLE CENTER</p>	<p data-bbox="1092 821 1379 1183">10:30-11:30 MAGIC SHOW PRACTICE AT THE CIRCLE CENTER</p> <p data-bbox="1079 1249 1399 1446">12:00-1:30 EXERCISE AT NEWPORT REC CENTER</p>	<p data-bbox="1512 821 1799 964">10:00-11:00 ONLINE BINGO</p> <p data-bbox="1502 1039 1822 1183">1:00-2:30 BOWLING AT MUGGLYS</p> <p data-bbox="1502 1249 1822 1391">3:00-4:30 BOWLING AT MUGGLYS</p>	<p data-bbox="1929 821 2215 1202">11:30-12:30 BUILDING GOOD HEALTH AND WELLNESS AT TOLEDO WATERFRONT PARK</p> <p data-bbox="1972 1268 2179 1403">1:00-2:00 TOLEDO LIBRARY</p> <p data-bbox="1929 1468 2215 1802">2:00-3:00 SOCIAL ACTIVITIES AT THE TOLEDO WATERFRONT PARK</p>	<p data-bbox="2362 821 2648 964">10:00-11:00 ONLINE TRIVIA</p> <p data-bbox="2352 1039 2638 1240">12:00-2:00 BUILDING INDEPENDENCE GROUP AT CIRCLE CENTER</p>	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
	1:30-3:00 VARIETY SHOW PRACTICE AND SOCIAL ACTIVITIES AT CIRCLE CENTER	10:30-11:30 MAGIC SHOW PRACTICE AT THE CIRCLE CENTER  12:00-1:30 EXERCISE AT NEWPORT REC CENTER  1:30-3:00 BEACH- COMBERS CREW IN SOUTH COUNTY	10:00-11:00 ONLINE BINGO  1:00-2:30 BOWLING AT MUGGLYS  3:00-4:30 BOWLING AT MUGGLYS  **** COASTAL SELF- ADVOACY GROUP AT ISN IN LINCOLN	11:30-12:30 BUILDING GOOD HEALTH AND WELLNESS AT TOLEDO WATERFRONT PARK  1:00-2:00 TOLEDO LIBRARY  2:00-3:00 SOCIAL ACTIVITIES AT THE TOLEDO WATERFRONT PARK	12:00-2:00 BUILDING INDEPENDENCE GROUP AT CIRCLE CENTER  4:30-5:30 VARIETY SHOW REHERSAL AT CIRCLE CENTER  5:30-6:30 DINNER AT CIRCLE CENTER  7:00 VARIETY SHOW AT CIRCLE CENTER	

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**SUNDAY**  
17

**MONDAY**  
18

11:30-12:30  
BUILDING  
GOOD HEALTH  
AND WELLNESS  
AT CIRCLE  
CENTER

12:30-1:30  
BUILDING  
LIFESKILLS

1:30-3:00  
SOCIAL  
ACTIVITIES AT  
CIRCLE CENTER

**TUESDAY**  
19

11:00-12:30  
EXERCISE AT  
NEWPORT  
REC CENTER

1:30-3:00  
BEACH-  
COMBERS  
CREW  
IN SOUTH  
COUNTY

**WEDNESDAY**  
20

10:00-11:00  
ONLINE  
BINGO

1:00-2:30  
BOWLING AT  
MUGGLYS

3:00-4:30  
BOWLING AT  
MUGGLYS

**THURSDAY**  
21

11:00-12:00  
SWIMMING  
AT THE  
TOLEDO  
POOL

12:30-3:00  
SOCIAL  
ACTIVITIES  
AT TOLEDO  
LIBRARY  
AND PARK  
BY LIBRARY

**FRIDAY**  
22

10:00-11:00  
ONLINE  
TRIVIA

12:00-2:00  
BUILDING  
INDEPENDEN  
CE GROUP  
AT CIRCLE  
CENTER

**SATURDAY**  
23

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24	25	26	27	28	29	30
	NO ACTIVITIES- HOLIDAY	11:00-12:30 EXERCISE AT NEWPORT REC CENTER  1:30-3:00 BEACH- COMBERS CREW IN SOUTH COUNTY	10:00-11:00 ONLINE BINGO  1:00-2:30 BOWLING AT MUGGLYS  3:00-4:30 BOWLING AT MUGGLYS	11:30-12:30 BUILDING GOOD HEALTH AND WELLNESS AT TOLEDO WATERFRONT PARK  1:00-2:00 TOLEDO LIBRARY  2:00-3:00 SOCIAL ACTIVITIES AT THE TOLEDO WATERFRONT PARK	10:00-11:00 ONLINE TRIVIA  12:00-2:00 BUILDING INDEPENDENCE GROUP AT CIRCLE CENTER	

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SUNDAY 31	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

This schedule is tentative and subject to change. Participants, please look for the weekly schedule and sign-up emails every Tuesday. If you are not yet a participant, please contact Nikki Holland at [nholland@arcoflincoln.org](mailto:nholland@arcoflincoln.org) or 541-602-9248